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Remimeo

HAVINGNESS

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Starvation for energy is the keynote of any case
which maintains facsimiles in restimulation.

The thetan who holds facsimiles to the body has
chosen to have the energy in spite of the perceptions and
significances in it. He is attempting to have the energy
and not have the aberrative quality of it. Thus he is
posed the problem of trying to reject the thought and
accept the energy and thus he cannot do either.

In Dianetics we gave him the energy by processing
out the significances (perception) in it.

When well exteriorized a thetan may have his energy
so far reduced that he becomes unhappy. Having him create
and snap in anchor points upon himself (not the body) will
remedy this unhappiness.

Matched terminalling, admiration processing and
any other process which reduces energy, at length 'starves'
the thetan for energy.

All these conditions are remedied by remedying the
'havingness' of the thetan.

As we saw in Acceptance Level Processing (PAB 15)
only certain energy forms may be acceptable to the thetan.
This is regulated by the screens he has erected against
things. By setting up a resistance to certain energies, he
creates an eventual appetite for them. He sets up screens
to resist the form and the screen becomes plus for the form
on the far side and negative for the form on the near side.
As the screen caves in upon him (by being pounded by the
unwanted form) it eventually causes an appetite (vacuum) for
the form. Thus he actually starves for a form he once
detested. This is the dwindling spiral of the Mest Universe.
The thetan believes he has to have the form to survive.

The remedy of havingness is necessary for all cases
at and below Step IV of SOP 8.

An Auditor remedies havingness by 'starting an
avalanche', by making the preclear begin an automatic inflow
of acceptable things, then graduates the preclear rapidly
to avalanches of stars, planets, heavy masses and spaces.

It is density and mass which count, not specific items.

Degradation begins when the thetan is interiorized
into unwanted mass. It is completed when, having developed
an appetite for heavy mass, he is exteriorized from it.

In this lifetime the down-fall of any thetan began with his loss of some heavy mass. The heaviness of the mass was the value of the mass. For instance, an auditor wishing to trace the feeling of degradation in a preclear would look for a time when the preclear lost or was removed from a massive object. The auditor then has the preclear mock-up the object and change its quality better or worse until it 'snaps in' automatically on the preclear. Then the auditor has the preclear mock-up enough of the object to create an avalanche. The preclear must then add more and more to the inflow, then add planets, stars and black stars until the preclear can comfortably throw several dense objects away in mock-up. A reverse (outflowing) avalanche is then begun and run.

Outflowing and inflowing avalanches are run on the preclear until his 'hunger' is satiated.

Numerous facsimiles may appear. The auditor continues with the dense masses in avalanches, not the facsimiles. The facsimile will 'blow'.

This process, run for four or five hours will create a Book 1 Mest Clear.

Perceptions are turned on by running 'acceptable' smells, lights and sounds in avalanches. Masses are more important than perceptions.

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